



## FOUR-YEAR PATHWAY PLAN



North Carolina Community College to Chowan University  
A.A. or A.S. to B.A. or B.S.

### Recreation, Wellness, and Sport, B.S.

NCCCS FIRST YEAR		CU THIRD YEAR	
Fall Semester	SHC	Fall Semester	SHC
ACA 122 – College Transfer Success	1	LS 201 – LitSphere	1
ENG 111 – Writing & Inquiry	3	REL 101 – Understanding the Bible	3
Social/Behavioral Sciences (Any)	3	SSPE 280 – Introduction to Sport Management	3
CIS 110 – Introduction to Computers	3	SSPE 250 – Motor Learning/Control Development	3
NUT 110 – Nutrition	3	SSPE 361 – Theories of Play	3
Elective	3	SSPE 260 – Nutrition	3
<b>Total SHC</b>	<b>16</b>	<b>Total SHC</b>	<b>16</b>
Spring Semester	SHC	Spring Semester	SHC
ENG 112 – Writing/Research in the Disciplines	3	LS 202 – LitSphere	1
Communications/Humanities/Fine Arts (Any)	3	SSPE 340 – Principles of Sport Management	3
Social/Behavioral Sciences (Any)	3	SSPE 290 – Principles of Recreation and Leisure	3
COMM 231 – Public Speaking	3	SSPE 450 – Psychological and Sociological Dynamics of Sport	3
HEA 120 – Community Health	3	SSPE 360 – Theory of Coaching	3
		Elective	1
<b>Total SHC</b>	<b>15</b>	<b>Total SHC</b>	<b>14</b>
NCCCS SECOND YEAR		CU FOURTH YEAR	
Fall Semester	SHC	Fall Semester	SHC
Communications/Humanities/Fine Arts (Any)	3	SSPE 430 – Principles of Sport Management II	3
Social/Behavioral Sciences (Any)	3	SSPE 401 – Administration in Physical Education and Sport	3
Natural Sciences (Any)	4	SSPE 345 – Recreation Leadership	3
HFS 118 – Fitness Facility Management	3	SSPE 375 – Outdoor Recreation and Camps	3
Elective	3	SSPE 306 – Injury Prevention and Care	3
<b>Total SHC</b>	<b>16</b>	<b>Total SHC</b>	<b>15</b>
Spring Semester	SHC	Spring Semester	SHC
Math (Any)	3-4	SSPE 330 – Kinesiology/Biomechanics	3
Communications/Humanities/Fine Arts (Any)	3	SSPE 475 – Principles of Sport Management III	3
Elective	3	HIST 308 – Sports in America, SSPE 365 – Sport Ministry, or SSPE 477 – Practicum in SSPE	3
Elective	3	SSPE 479 - Seminar	3
Elective	1		
<b>Total SHC</b>	<b>13</b>	<b>Total SHC</b>	<b>15</b>

NCCCS Total SHC	60-61
CU Total SHC	60
<b>Total</b>	<b>120-121</b>