



## FOUR-YEAR PATHWAY PLAN



### North Carolina Community College to Chowan University A.A. or A.S. to B.A. or B.S.

#### Health and Physical Education, B.S.

NCCCS FIRST YEAR	
Fall Semester	SHC
ACA 122 – College Transfer Success	1
ENG 111 – Writing & Inquiry	3
Social/Behavioral Sciences (Any)	3
PSYC 150 – General Psychology	3
REL 211 – Introduction to Old Testament or REL 212 – Introduction to New Testament	3
<b>Total SHC</b>	<b>13</b>
Spring Semester	SHC
ENG 112 – Writing/Research in the Disciplines	3
Communications/Humanities/Fine Arts (Any)	3
Social/Behavioral Sciences (Any)	3
EDU 250 – Teacher Licensure Preparation	3
PSY 241 – Developmental Psychology	3
<b>Total SHC</b>	<b>15</b>
NCCCS SECOND YEAR	
Fall Semester	SHC
Communications/Humanities/Fine Arts (Any)	3
BIO 111 – General Biology I	4
EDU 216 – Foundations of Education	3
PSY 263 – Educational Psychology	3
CIS 110 – Introduction to Computers	3
<b>Total SHC</b>	<b>16</b>
Spring Semester	SHC
Math (Any)	3-4
Communications/Humanities/Fine Arts (Any)	3
Social/Behavioral Sciences (Any)	3
COMM 231 – Public Speaking	3
BIO 168 – Anatomy and Physiology I	4
<b>Total SHC</b>	<b>16-17</b>

CU THIRD YEAR	
Fall Semester	SHC
LS 201 – LitSphere	1
SSPE 250 – Motor Learning/Control/Development	3
SSPE 101 – Fitness/Nutrition	3
SSPE 151 – Court Sports	1
SSPE 152 – Field Sports	1
SSPE 317 – Teaching Individual and Dual Sports	3
SSPE 301 – Foundations of Physical Education & Sport	3
SSPE 450 – Psychological & Sociological Dynamics of Sport	3
<b>Total SHC</b>	<b>18</b>
Spring Semester	SHC
LS 202 – LitSphere	1
SSPE 450 – Psychological and Sociological Dynamics of Sport	3
SSPE 330 – Kinesiology/Biomechanics	3
SSPE 153 – Racquet Sports	1
SSPE 210 – First Aid & CPR	1
SSPE 320 – Adapted Physical Education	3
SSPE 327 – Teaching Team Sports	3
EDUC 340 – Multicultural Education	3
Elective	1
<b>Total SHC</b>	<b>19</b>
CU FOURTH YEAR	
Fall Semester	SHC
SSPE 335 – Exercise Physiology	3
SSPE 401 – Administration in Physical Education and Sport	3
SSPE 420 – Research & Evaluation in PE & Sport	3
EDUC 403 – Classroom Management	3
SSPE 410 – Methods of Health and PE for Middle and Secondary School	3
SSPE 310 – Methods of Teaching Health and Physical Education in the Elementary School	3
<b>Total SHC</b>	<b>18</b>
Spring Semester	SHC
EDUC 480 – Directed Student Teaching	14
<b>Total SHC</b>	<b>14</b>

NCCCS Total SHC	60-61
CU Total SHC	69
<b>Total</b>	<b>129-130</b>