



FOUR-YEAR PATHWAY PLAN



North Carolina Community College to Chowan University
A.A. or A.S. to B.A. or B.S.

Exercise Science, B.S.

NCCCS FIRST YEAR		CU THIRD YEAR	
Fall Semester	SHC	Fall Semester	SHC
ACA 122 – College Transfer Success	1	LS 201 – LitSphere	1
ENG 111 – Writing & Inquiry	3	REL 101 – Understanding the Bible	3
Social/Behavioral Sciences (Any)	3	BIOL 221 – Human Anatomy and Physiology I	4
CIS 110 – Introduction to Computers	3	SSPE 101 – Fitness/Nutrition	3
PSYC 150 – General Psychology	3	SSPE 226 – Advance Weight Training	1
Elective	3	SSPE 250 – Motor Learning/Control/Development	3
Total SHC	16	Total SHC	15
Spring Semester	SHC	Spring Semester	SHC
ENG 112 – Writing/Research in the Disciplines	3	LS 202 – LitSphere	1
MAT 171 – Pre-calculus Algebra	4	BIOL 222 – Human Anatomy and Physiology II	4
Communications/Humanities/Fine Arts (Any)	3	SSPE 260 – Nutrition	3
Social/Behavioral Sciences (Any)	3	SSPE 301 – Foundations of Physical Education and Sport	3
Elective	3	SSPE 306 – Injury Prevention and Care	3
Total SHC	16	Total SHC	14
NCCCS SECOND YEAR		CU FOURTH YEAR	
Fall Semester	SHC	Fall Semester	SHC
Communications/Humanities/Fine Arts (Any)	3	SSPE 330 – Kinesiology/Biomechanics	3
BIOL 111 – General Biology I	4	SSPE 450 – Psychological and Sociological Dynamics of Sport	3
MAT 152 – Statistical Methods I	4	SSPE 201 – Health	3
PSYC 241 – Developmental Psychology	3	SSPE 477 – Practicum in SSPE	3
		SSPE 220 – Community Health	3
Total SHC	14	Total SHC	15
Spring Semester	SHC	Spring Semester	SHC
Communications/Humanities/Fine Arts (Any)	3	SSPE 335 – Exercise Physiology	4
Social/Behavioral Sciences (Any)	3	SSPE 401 – Administration in Physical Education and Sport	3
COMM 231 – Public Speaking	3	SSPE 420 – Research and Evaluation in Physical Education and Sport	3
CHM 151 – General Chemistry I	4	Elective	3
Elective	1	Elective	3
Total SHC	14	Total SHC	16

NCCCS Total SHC	60
CU Total SHC	60
Total	120